

Syntax in reddit comments: An analysis of responses on coping with life's lowest points

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Abstract - Syntax, or the arrangement of words and phrases into sentences, plays a crucial role in shaping meaning. In digital communication, informal and rapid exchanges have led to noticeable shifts in sentence structures, particularly in online communities such as Reddit, where users share personal experiences and seek support. This study analysed ten comments from the r/INTJ thread "How do you cope when you're at your lowest point in life?" to classify sentences by type and identify non-standard forms, exploring how syntax functions in casual online coping discourse. Using purposive sampling, each comment was analysed for sentence types and non-standard forms using frameworks from Quirk et al. (1985) and Crystal (2001), while all identifying information was removed to ensure ethical handling of online data. Results showed that declarative and imperative sentences were most common, reflecting users' tendencies to share experiences and offer advice. Non-standard forms, including punctuation variation, abbreviations, informal lexical choices, and non-standard spelling, also appeared frequently. These patterns suggest that users prioritize emotional expression and support rather than strict grammatical accuracy. Based on these findings, future research may expand the corpus, compare comments across different years, and integrate semantic analysis to better understand how users construct empathy and shared meaning in online coping communities.

Keywords: syntax, non-standard forms, online communication, reddit, sentence types

1. Introduction

Syntax, defined as the arrangement of words and phrases into structured sentences, plays a crucial role in how meaning is shaped and interpreted (Diessel, 2020). In digital spaces, the push for speed and brevity has encouraged less formal constructions, with users often favoring abbreviations, acronyms, or dropping certain words, gradually influencing everyday sentence patterns (The Role of Syntax in Effective Communication, 2024).

Such changes in how people write and structure sentences extend beyond brief messages and can be observed in larger community forums. Among these, Reddit stands out as a space where individuals can openly share experiences and seek support. Thanks to its community-oriented setup and the option for anonymity, users engage through pseudonymous identities, posting, commenting, and replying within topic-specific subreddits (Boettcher, 2021). Within these subreddits, individuals from diverse backgrounds can share experiences, voice concerns, and exchange coping strategies. Communities centered on life challenges and mental health, in



particular, provide supportive spaces for empathy, advice, and encouragement (Tuan et al., 2024; Morini et al., 2024a).

Previous studies have examined Reddit as a space for mental health discussions. For instance, Garcia et al. (2024) explored conversations among students during the COVID-19 pandemic, while Morini et al. (2024b) investigated posting behaviours and community responses in mental health subreddits. However, these works primarily analysed themes and interaction patterns rather than the syntactic structures of communication. To address this gap, the present study provides a syntactic analysis of comments responding to the r/INTJ thread "How do you cope when you're at your lowest point in life?" Specifically, it classifies the comments according to sentence types by function, and non-standard forms, offering insight into how syntax functions in casual online coping discourse.

Syntax refers to the study of how words are arranged and combined to form meaningful sentences. It is not merely a set of abstract grammatical rules but a system that enables speakers and writers to generate and interpret an infinite number of sentences (Diessel, 2020). Without syntax, language would lack coherence, reducing communication to disorganized word groupings.

Beyond facilitating communication, syntax reflects deeper aspects of human cognition. As Benítez-Burraco and Progovac (2024) explains, syntactic ability is tied to our capacity for complex thought, abstraction, and reasoning. This makes syntax central not only to everyday language use but also to cultural and intellectual development. In addition, syntax provides a systematic way of examining linguistic patterns, which makes it useful for analyzing both formal and informal modes of communication. For this reason, understanding syntax is an essential step in exploring how language appears in digital contexts.

Digital spaces have transformed how people use and experience language. Online communication often prioritizes speed, efficiency, and creativity over adherence to formal language standards. This shift has given rise to abbreviations, acronyms, emojis, and non-standard spellings that make language more adaptable to real-time interaction (Hartmann, 2020). Such features demonstrate how digital writing adapts to the need for quick expression, often mirroring spoken conversation more than traditional written forms.

At the same time, online language use is deeply tied to cultural identity. As William et al. (2024) point out, the choice of slang, dialect, or stylistic conventions in digital communication can signal belonging to a cultural or regional group. While this promotes diversity and expression, scholars also caution that simplified digital language may reduce linguistic richness and contribute to the erosion of traditional forms (Davies, 2022; Miller, 2020). The spread of global digital trends also creates a tension between individuality and uniformity in language use. Thus, digital communication is both an opportunity and a challenge: it enables new forms of interaction and identity-building while also reshaping and sometimes limiting the structures of language (Brown et al., 2021). These patterns make digital spaces a relevant site for syntactic study, since they highlight how traditional structures are maintained or modified in online interactions.

Reddit is a social media platform organized into topic-based communities, or subreddits, where users can post, comment, and interact under pseudonymous identities. Its structure encourages open discussion on a wide range of topics, from entertainment and hobbies to personal narratives and life challenges. Moderators and community voting systems maintain order, while anonymity allows users to share experiences candidly (Hintz & Betts, 2022). This design makes Reddit unique compared to other platforms that emphasize short-form updates or strictly visual content.

Interaction on Reddit relies heavily on comments, which may range from brief reactions to detailed personal stories or debates (Oddný et al., 2023). Through these exchanges, users collectively create threads that combine personal expression with community dialogue. Because comments vary in length, formality, and purpose, they provide a rich resource for examining syntactic features in informal discourse. In this sense, Reddit is not only a social platform but also



a dynamic environment where the flexibility of language can be observed in practice. Its interactive nature makes it especially suitable for studying how syntax functions in casual coping discourse, such as in communities addressing mental health and personal struggles.

These studies highlight how language operates across learning, digital interaction, and structural analysis, emphasizing its role in shaping communication and understanding (Annisa & Gusnawaty, 2024; Silaban et al., 2024; Adams & Hassan, 2024; Santuso & Sukarno, 2025). Feedback and revisions are shown to be essential in developing second language learners' writing skills, demonstrating the iterative nature of language acquisition (Annisa & Gusnawaty, 2024). Analyses of netizens' comments reveal how online discourse reflects social attitudes, micro-level linguistic choices, and community engagement (Silaban et al., 2024). Examination of public reactions on Twitter demonstrates how social media captures collective sentiment and cultural expression in response to significant events (Adams & Hassan, 2024). Contrastive analysis of reduplication illustrates the interplay between form and meaning, contributing to a deeper understanding of linguistic diversity in regional languages (Santuso & Sukarno, 2025). Collectively, these studies underscore the importance of both functional and structural approaches to language, showing that communication is influenced by context, social norms, and linguistic patterns (Annisa & Gusnawaty, 2024; Silaban et al., 2024; Adams & Hassan, 2024; Santuso & Sukarno, 2025).

This study analyzes the syntactic features of selected Reddit comments by (1) classifying sentence types according to function, and (2) identifying non-standard forms present. Specifically, this study seeks to answer the following questions: (1) What sentence types by function are present in selected Reddit comments? (2) What non-standard forms are present in selected Reddit comments?

2. Method

2.1 Participants/Corpus

The corpus for this study consisted of ten Reddit comments collected from the r/INTJ thread "How do you cope when you're at your lowest point in life?" The comments were selected using purposive sampling, a non-probability technique commonly used in qualitative research (Adoeye, 2023, as cited in Tajik et al., 2024), to provide a manageable yet exploratory set of responses for syntactic analysis.

2.2 Ethical Consideration

Since the data came from a publicly accessible Reddit thread, no direct interaction with human participants occurs. Usernames and other identifiable information were omitted to ensure anonymity and uphold ethical research standards. In presenting the results, only the content of the comments was shown, with all identifying information removed. This approach ensured the ethical handling of data while maintaining participant anonymity throughout the analysis and discussion.

2.3 Data Analysis

Each Reddit comment was treated as a unit of analysis, with individual sentences within each comment classified according to type and the non-standard forms present in the comments identified.

The analysis involved the following steps:

- (1) Classifying sentence types: Sentences were classified as declarative, interrogative, imperative, or exclamatory, following the typology of Quirk et al. in *A Comprehensive Grammar of the English Language* (1985), supported by recent descriptions of sentence types (Charpentier-Jiménez, 2020). This typology serves as the basis for classification of sentence types by function.
- (2) Identifying non-standard forms: Non-standard forms were identified with reference to Crystal's *Language and the Internet* (2001), which describes Netspeak features such as abbreviations, acronyms, non-standard spelling, punctuation variation, and informal lexical



choices. Crystal’s descriptions served as the basis for this step, further supplemented by Monderin and Go’s (2021) *Emerging Netspeak World Choices in Social Media on Filipino Pop Culture*, which contextualizes Netspeak categories in the Filipino setting.

(3) Summarizing syntactic features: The frequency of each sentence type was counted and shown in parentheses (e.g., Declarative (7), Interrogative (1)) to indicate the dominant type within each comment. Each non-standard form identified was categorized based on its Netspeak features. These summaries presented an overview of the syntactic features observed in the corpus, which were further interpreted in the discussion to offer insight into how syntax functions in casual online coping discourse.

3. Results and Discussion

3.1 Results

For the data gathering, a total of ten Reddit comments were purposively selected from a thread related to coping discourse. These were analysed syntactically to identify the sentence types used and the non-standard forms present. Through the analysis, the following syntactic features were identified:

Table 1: Summary of sentence types present in each comment

Comment	Sentence Types Present	Dominant Sentence Type
1. Literally everything is going south rn. Around 1 year ago I was having healthy relationships, doing well at school, exercising everyday and I had all the motivation in the world to make memories with friends. But now I just rot in my bed all scrolling on tiktok, binge eating or sleeping my days away. I have no motivation to do anything these days. My parents just found out that im smoking weed, and have been missing school. I know this shit is my fault and all but I just have no motivation what so ever to fix my life. I have so many things to fix but I have no idea where to start. Does anyone have any suggestion to why I should continue my life?	Declarative (7), Interrogative (1)	Declarative
2. At my lowest point rn. Nothing's going right ever since I was a kid. It's problem after problem to think about. I'm better off being dead at this point tbh.	Declarative (4)	Declarative
3. I think the only way to cope with the sad and difficult feelings is actually feeling them in your body, and not pushing them away or distracting yourself from them. Keep acknowledging them as they come and be compassionate towards yourself. Easier said than done of course, and I'm literally struggling through this right now. If you're really interested in getting deep into the topic read the happiness trap by Russ Harris, changed my perception. I need to read it and practice it again.	Declarative (3), Imperative (2)	Declarative
4. I just think if I'm so sure that I'm right and it's the worst things have ever been, they can't get worse, eventually things can only get better. I take a fatalistic view. What's the worst, it's already happened. Things are what they are. I can wait for things to change, or work with it and put some weight into getting things to change. Is this where the story is going to end? Nah, it ain't the end of me yet. I don't need grand expectations and dreams, I'm just grateful for progress. So that's how I cope. One piece at a time.	Declarative (9), Interrogative (1)	Declarative
5. Therapy. Now. Don't wait. Don't put it off. Talk to someone. I was where you are a month or two ago and i can't tell you how	Declarative (2), Imperative (6)	Imperative



much therapy and meds have made a difference. It's okay not to be okay. Just reach out.		
6. Have you ever been interested in something like Brazilian Jiu Jitsu? It's very holistic... "mind, body, soul" type of thing. It will get you meeting new people, learning something new, and also physically working out your body to match your mental exhaustion. It's done wonders for me and really wish I found it earlier. Also therapy. Always therapy	Declarative (3), Imperative (1), Interrogative (1)	Declarative
7. I'm right now at my lowest point and I'm just gonna chill and watch some series and eat all day and sleep bcz I can't do another thing I just wanna be alone and die	Declarative (1)	Declarative
8. Take a walk. Reflect. Write things down. Resolve and move on ward. Life goes on, this is only the lowest point of your life, so far. There are probably lower points ahead, but who cares, for all you know, this is the lowest right now and that means you can only go up from here. I'd steer away from alcohol and drugs too, I'd enjoy my suffering raw and organic. Listen to podcast and music, reach out to friends, this is a good time to test who the real homies are	Declarative (4), Imperative (5)	Imperative
9. Your thoughts control your emotions. Ancient Stoicism. A Great book for life is called Feeling Good by David Burns. Even if you are not depressed I found it really powerful. We all beat are selves up. He has 10 cognitive distortions that are automatic thoughts. I can't recommend it enough.	Declarative (7)	Declarative
10. Deal with it.. All you can do ..Don't expect much from people , they don't care. I just Work if I have some , walking in nature really helps me.. If you have just one genuine Friend you got it made ..I don't I wish I did . Just do what you can and don't feel sorry for yourself it makes it worth ..be nice and stay humble... Best of luck. Amigo.	Declarative (6), Imperative (4)	Declarative

As shown in Table 1, declarative and imperative sentences are the most frequently used types across the ten comments. Declarative sentences dominate most of the comments, indicating that users primarily share personal reflections, experiences, and opinions as part of coping discourse. Meanwhile, imperative sentences express advice or encouragement, reflecting an interactive and supportive tone among users. This pattern aligns with Quirk et al. (1985), who note that declarative sentences typically convey statements, while imperatives function to issue commands or offer suggestions. The presence of interrogative sentences in some comments also indicates a tendency to seek help or validation within the online community.

Table 2: Summary of non-standard forms identified in each comment

Comment	Non-standard Form Present	Category
1. Literally everything is going south rn. Around 1 year ago I was having healthy relationships, doing well at school, exercising everyday and I had all the motivation in the world to make memories with friends. But now I just rot in my bed all scrolling on tiktok, binge eating or sleeping my days away. I have no motivation to do anything these days. My parents just found out that im smoking weed, and have been missing school. I know this shit is my fault and all but I just have no motivation what so ever to fix my life. I have so many things	"rn" "tiktok" "im" "shit" "what so ever"	Abbreviation Capitalization variation Apostrophe omission Informal lexical choice Spelling variation



to fix but I have no idea where to start. Does anyone have any suggestion to why I should continue my life?		
2. At my lowest point rn. Nothing's going right ever since I was a kid. It's problem after problem to think about. I'm better off being dead at this point tbh.	"rn" "tbh"	Abbreviations
3. I think the only way to cope with the sad and difficult feelings is actually feeling them in your body, and not pushing them away or distracting yourself from them. Keep acknowledging them as they come and be compassionate towards yourself. Easier said than done of course, and I'm literally struggling through this right now. If you're really interested in getting deep into the topic read the happiness trap by Russ Harris, changed my perception. I need to read it and practice it again.	"literally" "the happiness trap" (lowercase)	Informal lexical choice Capitalization variation
4. I just think if I'm so sure that I'm right and it's the worst things have ever been, they can't get worse, eventually things can only get better. I take a fatalistic view. What's the worst, it's already happened. Things are what they are. I can wait for things to change, or work with it and put some weight into getting things to change. Is this where the story is going to end? Nah, it ain't the end of me yet. I don't need grand expectations and dreams, I'm just grateful for progress. So that's how I cope. One piece at a time.	"What's the worst, it's already happened" "nah" "ain't" Fragment: "One piece at a time"	Informal punctuation Colloquial interjection Non-standard contraction Sentence fragmentation
5. Therapy. Now. Don't wait. Don't put it off. Talk to someone. I was where you are a month or two ago and i can't tell you how much therapy and meds have made a difference. It's okay not to be okay. Just reach out.	"i" (lowercase pronoun) Fragmented sentences: "Therapy., Now.)" "meds"	Non-standard capitalization Sentence fragmentation Informal lexical choice
6. Have you ever been interested in something like Brazilian Jiu Jitsu? It's very holistic... "mind, body, soul" type of thing. It will get you meeting new people, learning something new, and also physically working out your body to match your mental exhaustion. It's done wonders for me and really wish I found it earlier. Also therapy. Always therapy	Ellipsis (...) "mind, body, soul" "Also therapy. Always therapy"	Punctuation variation Non-standard punctuation Sentence fragmentation
7. I'm right now at my lowest point and I'm just gonna chill and watch some series and eat all day and sleep bcz I can't do another thing I just wanna be alone and die	"gonna" "bcz" "wanna"	Non-standard spelling Abbreviation Non-standard spelling
8. Take a walk. Reflect. Write things down. Resolve and move on ward. Life goes on, this is only the lowest point of your life, so far. There are probably lower points ahead, but who cares, for all you know, this is the lowest right now and that means you can only go up from here. I'd steer away from alcohol and drugs too, I'd enjoy my suffering raw and organic. Listen to podcast and music, reach out to friends, this is a good time to test who the real homies are	"on ward" Omission of article ("Listen to podcast and music") "homies"	Non-standard spelling Grammatical deviation Informal lexical choice
9. Your thoughts control your emotions. Ancient Stoicism. A Great book for life is called Feeling Good by David Burns. Even if you are not depressed I found it really powerful. We all beat are selves up. He has 10 cognitive distortions that are automatic thoughts. I can't recommend it enough.	"A Great" Missing comma ("Even if you are not depressed I	Non-standard capitalization Punctuation variation &



	found it really powerful.") "are selves"	Sentence fragmentation Non-standard spelling
10. Deal with it.. All you can do ..Don't expect much from people , they don't care. I just Work if I have some , walking in nature really helps me.. If you have just one genuine Friend you got it made ..I don't I wish I did . Just do what you can and don't feel sorry for yourself it makes it worth ..be nice and stay humble... Best of luck. Amigo..	Multiple periods ("..", "...") "All you can do.." (incomplete clause) "Work" (capitalized) "Friend" (capitalized mid-sentence) "Amigo.."	Punctuation variation Sentence fragmentation Non-standard capitalization Informal lexical choice

As shown in Table 2, all comments contained at least one non-standard form. The most common were punctuation variation, non-standard spelling, abbreviations, sentence fragmentation, and informal lexical choices. These findings align with Crystal's (2001) description of Netspeak as flexible and conversational, marked by creative spelling, punctuation, and vocabulary. Such features show how online users use informal, expressive forms to convey tone, emotion, and authenticity in digital communication.

4. Conclusion

The following conclusions were drawn from this study based on the findings and analysis of data. The syntactic analysis of ten Reddit comments revealed that declarative and imperative sentences were the most frequently used types. Declarative sentences dominated most of the comments, suggesting that users primarily expressed personal reflections, experiences, and thoughts related to coping with difficult situations. In contrast, imperative sentences appeared in several comments, reflecting acts of advice-giving and supportive interaction within the online community.

Non-standard forms such as informal lexical choices, abbreviations, punctuation variation, and non-standard spelling were also prevalent. These features highlight the informal and expressive nature of online discourse, where emotional authenticity and relatability are often prioritized over grammatical correctness. The varied tones observed from encouraging and empathetic to sad and reflective, illustrate how online spaces function as outlets for emotional expression and mutual support among individuals experiencing hardship.

Considering the results and the limitations of the study, the following are recommended here. Future research may expand the corpus by including a larger number of comments from different Reddit threads or subreddits that discuss coping and mental health. It may also consider comparing comments posted in different years to examine how users' language use, tone, and adherence to standard forms change over time, reflecting broader shifts in digital communication norms and cultural expression.

Further research may also incorporate semantic analysis to deepen the understanding of how users construct empathy, encouragement, and shared meaning in online coping discourse. Examining syntax and semantics in relation to emotional expression can provide valuable insights into how language conveys feelings and supports connection and resilience in online communities."

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Appendix A

Raw Comments (1-10) and Their Analysis

Comment 1: Literally everything is going south rn. Around 1 year ago I was having healthy relationships, doing well at school, exercising everyday and I had all the motivation in the world to make memories with friends. But now I just rot in my bed all scrolling on tiktok, binge eating or sleeping my days away. I have no motivation to do anything these days. My parents just found out that im smoking weed, and have been missing school. I know this shit is my fault and all but I just have no motivation what so ever to fix my life. I have so many things to fix but I have no idea where to start. Does anyone have any suggestion to why I should continue my life?

Sentence	Sentence Type
Literally everything is going south rn.	Declarative
Around 1 year ago I was having healthy relationships, doing well at school, exercising everyday and I had all the motivation in the world to make memories with friends.	Declarative
But now I just rot in my bed all scrolling on tiktok, binge eating or sleeping my days away.	Declarative
I have no motivation to do anything these days.	Declarative
My parents just found out that im smoking weed, and have been missing school.	Declarative
I know this shit is my fault and all but I just have no motivation what so ever to fix my life.	Declarative
I have so many things to fix but I have no idea where to start.	Declarative
Does anyone have any suggestion to why I should continue my life?	Interrogative

Total: Declarative (7), Interrogative (1)

Non-standard Form	Category
rn	Abbreviation
tiktok, im	Capitalization variation, Apostrophe omission
what so ever	Spelling variation
shit	Informal lexical choice

Comment 2: At my lowest point rn. Nothing's going right ever since I was a kid. It's problem after problem to think about. I'm better off being dead at this point tbh.

Sentence	Sentence Type
At my lowest point rn.	Declarative (elliptical)
Nothing's going right ever since I was a kid.	Declarative
It's problem after problem to think about.	Declarative
I'm better off being dead at this point tbh.	Declarative



Total: Declarative (4)

Non-standard Form	Category
rn	Abbreviation
tbh	Abbreviation

Comment 3: I think the only way to cope with the sad and difficult feelings is actually feeling them in your body, and not pushing them away or distracting yourself from them. Keep acknowledging them as they come and be compassionate towards yourself. Easier said than done of course, and I'm literally struggling through this right now. If you're really interested in getting deep into the topic read the happiness trap by Russ Harris, changed my perception. I need to read it and practice it again.

Sentence	Sentence Type
I think the only way to cope with the sad and difficult feelings is actually feeling them in your body, and not pushing them away or distracting yourself from them.	Declarative
Keep acknowledging them as they come and be compassionate towards yourself.	Imperative
Easier said than done of course, and I'm literally struggling through this right now.	Declarative
If you're really interested in getting deep into the topic read the happiness trap by Russ Harris, changed my perception.	Imperative (complex)
I need to read it and practice it again.	Declarative

Total: Declarative (3), Imperative (2)

Non-standard Form	Category
literally	Informal lexical choice
the happiness trap (lowercase)	Capitalization variation

Comment 4: I just think if I'm so sure that I'm right and it's the worst things have ever been, they can't get worse, eventually things can only get better. I take a fatalistic view. What's the worst, it's already happened. Things are what they are. I can wait for things to change, or work with it and put some weight into getting things to change. Is this where the story is going to end? Nah, it ain't the end of me yet. I don't need grand expectations and dreams, I'm just grateful for progress. So that's how I cope. One piece at a time.

Sentence	Sentence Type
I just think if I'm so sure that I'm right and it's the worst things have ever been, they can't get worse, eventually things can only get better.	Declarative
I take a fatalistic view.	Declarative
What's the worst, it's already happened.	Declarative (elliptical)
Things are what they are.	Declarative
I can wait for things to change, or work with it and put some weight into getting things to change.	Declarative
Is this where the story is going to end?	Interrogative
Nah, it ain't the end of me yet.	Declarative
I don't need grand expectations and dreams, I'm just grateful for progress.	Declarative
So that's how I cope.	Declarative
One piece at a time.	Declarative

Total: Declarative (9), Interrogative (1)

Non-standard Form	Category
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ain't What's the worst, it's already happened.	Informal punctuation
Nah	Colloquial interjection
ain't	Non-standard contraction
Fragment: <i>One piece at a time</i>	Sentence Fragment

Comment 5: Therapy. Now. Don't wait. Don't put it off. Talk to someone. I was where you are a month or two ago and i can't tell you how much therapy and meds have made a difference. It's okay not to be okay. Just reach out.

Sentence	Sentence Type
Therapy.	Imperative
Now.	Imperative
Don't wait.	Imperative
Don't put it off.	Imperative
Talk to someone.	Imperative
I was where you are a month or two ago and i can't tell you how much therapy and meds have made a difference.	Declarative
It's okay not to be okay.	Declarative
Just reach out.	Imperative

Total: Declarative (2), Imperative (6)

Non-standard Form	Category
<i>i</i> (lowercase pronoun)	Non-standard capitalization
Fragmented sentences (<i>Therapy., Now.</i>)	Sentence Fragment
meds	Informal lexical choice

Comment 6: Have you ever been interested in something like Brazilian Jiu Jitsu?

It's very holistic... "mind, body, soul" type of thing.

It will get you meeting new people, learning something new, and also physically working out your body to match your mental exhaustion. It's done wonders for me and really wish I found it earlier.

Also therapy. Always therapy

Sentence	Category
Have you ever been interested in something like Brazilian Jiu Jitsu?	Interrogative
It's very holistic... "mind, body, soul" type of thing.	Declarative
It will get you meeting new people, learning something new, and also physically working out your body to match your mental exhaustion.	Declarative
It's done wonders for me and really wish I found it earlier.	Declarative (elliptical)
Also therapy. Always therapy.	Imperative (elliptical)

Total: Declarative (3), Interrogative (1), Imperative (1)

Non-standard Form	Category
Ellipsis (...)	Punctuation variation
"mind, body, soul"	Informal lexical choice
Fragmented sentences ("Also therapy. Always therapy.")	Sentence Fragment

Comment 7: I'm right now at my lowest point and I'm just gonna chill and watch some series and eat all day and sleep bcz I can't do another thing I just wanna be alone and die

Sentence	Sentence Type
I'm right now at my lowest point and I'm just gonna chill and watch some series and eat all day and sleep bcz I can't do another thing I just wanna be alone and die	Declarative



Total: Declarative (1)

Non-standard Form	Category
Gonna	Non-standard spelling (informal contraction)
Bcz	Abbreviation (shortened from <i>because</i>)
Wanna	Non-standard spelling (informal contraction)

Comment 8: Take a walk. Reflect. Write things down. Resolve and move on ward. Life goes on, this is only the lowest point of your life, so far. There are probably lower points ahead, but who cares, for all you know, this is the lowest right now and that means you can only go up from here.

I'd steer away from alcohol and drugs too, I'd enjoy my suffering raw and organic. Listen to podcast and music, reach out to friends, this is a good time to test who the real homies are

Sentence	Sentence Type
Take a walk.	Imperative
Reflect.	Imperative
Write things down.	Imperative
Resolve and move on ward.	Imperative
Life goes on, this is only the lowest point of your life, so far.	Declarative
There are probably lower points ahead, but who cares, for all you know, this is the lowest right now and that means you can only go up from here.	Declarative
I'd steer away from alcohol and drugs too, I'd enjoy my suffering raw and organic.	Declarative
Listen to podcast and music, reach out to friends.	Imperative
This is a good time to test who the real homies are.	Declarative

Total: Declarative (4), Imperative (5)

Non-standard Form	Category
"on ward" (spacing variation)	Non-standard spelling
"podcast and music" (missing article "a")	Grammatical Deviation
"homies"	Informal lexical choice / slang

Comment 9: Your thoughts control your emotions. Ancient Stoicism. A Great book for life is called *Feeling Good* by David Burns. Even if you are not depressed I found it really powerful. We all beat are selves up. He has 10 cognitive distortions that are automatic thoughts. I can't recommend it enough.

Sentence	Sentence Type
Your thoughts control your emotions.	Declarative
Ancient Stoicism.	Declarative
A great book for life is called <i>Feeling Good</i> by David Burns.	Declarative
Even if you are not depressed, I found it really powerful.	Declarative
We all beat are selves up.	Declarative
He has 10 cognitive distortions that are automatic thoughts.	Declarative
I can't recommend it enough.	Declarative

Total: Declarative (7)

Non-standard Form	Category
"are selves" (instead of <i>ourselves</i>)	Non-standard spelling / grammatical deviation
"A Great"	Non-standard capitalization
Missing comma ("Even if you are not depressed I found it really powerful.")	Punctuation variation & Sentence fragmentation



Comment 10: Deal with it.. All you can do ..Don't expect much from people , they don't care. I just Work if I have some , walking in nature really helps me.. If you have just one genuine Friend you got it made ..I don't I wish I did .

Just do what you can and don't feel sorry for yourself it makes it worth ..be nice and stay humble...

Best of luck. Amigo..

Sentence	Sentence Types
Deal with it..	Imperative
All you can do..	Declarative
Don't expect much from people, they don't care.	Imperative + Declarative (split by function)
I just work if I have some, walking in nature really helps me..	Declarative
If you have just one genuine friend you got it made..	Declarative
I don't, I wish I did.	Declarative
Just do what you can and don't feel sorry for yourself, it makes it worth..	Imperative + Declarative (split by function)
Be nice and stay humble...	Imperative
Best of luck.	Declarative
Amigo..	Declarative

Total: Declarative (6), Imperative (4)

Non-standard Form	Category
Multiple periods (“..”, “...”)	Punctuation variation
“All you can do..” (incomplete clause)	Sentence fragmentation / ellipsis
“Work” (capitalized) “Friend” (capitalized mid-sentence)	Non-standard capitalization
“Amigo..”	Informal lexical choice

